



## GRANFONDO ALDEIAS DO XISTO

### RULLES

#### THE EVENT

**Art. 1** - The 7th edition of the Aldeias do Xisto Granfondo will have the official start at 08:30 on 2018, September 30 (Sunday) in Fundão. The course has a distance of 153 km in Granfondo and 110 km in Mediofondo, ending at the same place of the start.

**Art. 2** - The Aldeias do Xisto Granfondo is not a race. It is a cycling challenge in which participant cycle at your own pace throughout the length of the course. However participants are timed, by electronic chips (time taken to complete the entire course or some segments identified before the event by the organization).

#### PARTICIPATION

**Art. 3** - The Aldeias do Xisto Granfondo obey the rules of the Portuguese Cycling Federation and is therefore subject to the principles contained in that regulation. It is a event open to all cyclists, federated or not federated, of both sexes over 18 years in Granfondo and 16 years in Mediofondo

**Art. 4** - Prevention from participation in the event for athletes to fulfil their respective federation's penalties for use of doping substances. Is also forbidden to use doping substances before, during and after the event.

**Art. 5** - The participant is allowed only the use of two-wheeled vehicles (bike road, bike all-terrain, tandem) without any engine.

**Art. 6** – Participants are required to use approved cycling helmet. Not to comply with this rule will result in immediate disqualification.

**Art. 7** - The participation in the event is the responsibility of each participant, assuming the entire risk related to its participation.

**Art. 8** - To participate in the event the athlete is required to have their valid UCI license, or alternatively take the 1 day license provided by Portuguese Cycling Federation that includes an insurance exclusively for the event.

**Art. 9** - The organization is not responsible for any accident that may be caused or may victimize any participant, which should be covered by the insurance of the Portuguese Cycling Federation, or for any expenditure incurred by any participant during the event.

**Art. 10** - The athletes are responsible for their registration and participation in Aldeias do Xisto Granfondo , aware that this is a real physical challenge, requiring adequate preparation and a good physical shape. It is strongly recommended that each athlete should do an appropriate medical examination before participating in this event.

#### REGISTRATION

**Art 11** - The registration will cost:

- Athletes with a valid Portuguese Cycling Federation license - € 35.00 €



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- Athletes without a valid Portuguese Cycling Federation license - € 38.00 (includes the 1 day license with insurance provided by Portuguese Cycling Federation)

After payment, no returns will be made to athletes who register as non-federated and become federated, that must be valid on the date of event.

**Art 12** - The registrations will be made only on the official website [www.granfondopremium.com](http://www.granfondopremium.com). Registration will only be validated after the payment, within the established period and through the means of payment published on the official website.

Registration is open until 24:00 on September 23rd. After the closing date, the organization can make available some more subscriptions, in limited numbers, which will cost an additional € 15. No payments will be accepted after the deadline. Payments made after the deadline will be refunded within 90 days, by bank transfer, upon receipt of a Credit Note signed by the athlete, deducted from the amount of € 5 relating to administrative expenses.

**Art. 13** - The participant assumes that all the data filled in the registration form are correct and true and the email address provided is the best way to be communicated by the organization with all the important information about the event, considering informed by this way.

**Art. 14** - All contacts with the organization should be made by email to the address [info@granfondopremium.com](mailto:info@granfondopremium.com). During the days 29 and 30 of September 2018 contacts can be made in person at the registration office or at the information office.

**Art. 15** - The invoice data will be issued according to the information filled on the registration form. After invoices are issued, changes will not be made, including the tax identification number indicated on the registration form.

**Art.16** - By doing his registration each participant read and subscribes the responsibility disclaimer provided by the organization as it declares to know and take the risks inherent of participating in a cycling event open to traffic. In this responsibility disclaimer the athlete excludes the organization responsibility for any accident derived from his participation in the event. However all participants will be covered by the event insurance, or by his federation insurance.

**Art. 17-** In case of withdrawal, no refund will be made.

**Art. 18** - An already regularized registration of a withdrawing athlete may be transferred to another substitute athlete, if it is communicated to the organization by email ([info@granfondopremium.com](mailto:info@granfondopremium.com)) until September 15th To the athlete who quits will be sent a voucher corresponding to the value of his / her registration, to which the amount of € 5.00 relating to administrative expenses shall be subtracted, and the new athlete shall make a new registration using the same discount voucher and paying only the remaining value. To the substitute athlete will be assigned a new bib number.

**Art. 19** - The entry documentation, including the race number for the bike can be collected at the Registration Office, at September 29 and 30 at a time to be announced.

**Art. 20** - To collect the documentation from the event organizers it is required to submit the responsibility term signed, an identification document (ID or passport) and the federation license



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duly recognized, in case you have not subscribed the 1 day licence provided by the Portuguese Cycling Federation.

**Art. 21** - Other person can collect the documentation, but he must to submit good copies of the athlete's documents.

**Art. 22** - The bib number for the bike and chip equipment are owned by the Organization and the participant have permission to use it until the end of the event if complies with all the rules or by decision taken by the organization at any time.

At the end of the race the race number is offered to the participant by the organization. The race number and the chip are equipment for personal use and non-transferable and not allowed to be used by another person.

**Art. 23** - All participants must place the race number on the front of the bicycle, in the area of the handlebar so as to be entirely visible. Any athlete who fails to comply with this rule will be excluded from the event. It is strictly forbidden to modify the graphical content contained on the race number on the bicycle, or add any type of message or image-oriented advertising or otherwise.

**Art. 24** - The chip must be in the right position on the backside of the frontal identification number for the bike.

**Art. 25** - The organization can not be held responsible for errors or failures of the chip chrono system, either by improper use by the participant, or for any other reason.

### **ON THE ROAD**

**Art. 26** - The event will take place on OPEN ROADS WITH TRAFFIC. All participants must strictly comply with traffic rules contained in the Portuguese Road Code, with particular attention to the requirement to keep the right side of the road and observe the rules of priority at junctions. Any person who does not respect these rules will be immediately expelled from the event and will be barred from participating in subsequent editions of the event. Each participant is required to read and sign a statement provided by the organization which declares to know and take the risks inherent to participation in a competition open to traffic. In this statement the athlete precludes the organization responsibility for any accident derived from their participation in the event. However the participants are covered by the event insurance.

**Art. 27** - In order to provide the concept of "everybody rides on his own pace" in all the course, the organization's vehicles will follow in front of the race with an appropriate speed to not interfere with the pace of the participants. However, if necessary, the vehicles of the organization may restrict the speed of the participants. In these situations the participants cannot surpass the organization's cars circulating in front. Athletes who violate this rule are out of the safety system of the event, following at their own risk.

**Art. 28** - Assistance provided to athletes by support vehicles outside the organization is strictly prohibited. It also prohibited for vehicles to accompany the cyclists during the event. Information will be provided by the organization about the places recommended for caregivers to assist the transition and provide support to athletes. Security forces (Police) are present to prevent movement of support vehicles in the middle of cyclists in the race, ensuring compliance with the code of the road.



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**Art. 29** - The control of the event will be made by security forces, composed of elements of the GNR (National Republican Guard), corporations belonging to the territory and the traffic Corp, which will ensure compliance with traffic rules by all those involved in the event and other vehicles on the road.

**Art. 30** - The time control of each athlete will be carried out electronically, with chips. The use of the chip is mandatory, the athlete must meet the rules for its correct positioning and use. Improper use of the chip or non-use participation of an athlete does not show in the registration of its passage through the timing controls stipulated by the organization, causing the disqualification, with the consequent absence of the final list of times and the loss of his or her proof of participation. Check points, where times will be recorded, will be located in the arrival and departure and other points along the race route.

**Art. 31** - To ensure the integrity and safety of athletes, there are control points, which will set time limits for passing. Athletes who come to these control points after the time limit set for each control will be obliged to abandon the event and be collected by the vehicle "broom wagon" to the finish. Participants who choose to continue by their own means will be required to report at the checkpoint with time and respective number of participant and will cease to be governed by the event organization and will carry on at their own risk from that point.

**Art. 32** - Athletes who drop out during the event must address the organization's members, in person or by phone, announcing their withdrawal. Upon determining the absence of an athlete, rescue services will be advised. Any person who didn't announce his or her withdrawal can be charged for the costs of the search and rescue. In addition will be punished with a ban from participating in later editions of the event.

**Art. 33** - Athletes must strictly comply with the time, including the time of departure, ensuring that they start before the sweeper car. Who doesn't respect this rule of proof will be participating at its own risk, out of the organization's control and responsibility.  
Closing Time of the Start Checkpoint (km 0) - 08:40 h

**Art. 34** - The organization shall have a medical monitoring of the event, with several mobile medical teams and ambulances. If necessary participants must apply for help to organizational elements that trigger the necessary means of assistance.

**Art. 35** - Athletes who have suffered an accident during the event and needed emergency or medical services, should within three days after the event's day, participate the accident the Portuguese Cycling Federation to the email address: [sinistros@portinsurance.pt](mailto:sinistros@portinsurance.pt). This participation of the accident is critical to ensure the coverage of the damage.

**Art. 36** - The organization shall have mechanical assistance along the route to try to solve mechanical problems. In case of failure, the hand labor is free, however the replacement parts will be charged to athletes who need them. Participants must carry some money during the event to pay these costs. If the participant does not have enough money to cover the costs, must sign a debit note that will be passed by the mechanic assistant. This debit note should be payed in the end of the course, at the registration office. The repair of punctures is excluded from the interventions provided by the mechanical support. The mechanical assistance will consist of fixed and dynamic teams that will circulate along the course. Because of the event's dynamic this service may not ensure assistance to all participants. However the existence of this mechanical assistance, the participants must properly prepare their bikes, making sure they



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are in the best condition in the beginning of the event. The organization can never be blamed for the abandonment of an athlete caused by mechanical problems.

**Art. 37** - The athletes in the competition should ensure the transport of food and fluid replacement for their own food and hydration. However, the organization will assemble recovering stations, identified before the event, which will dispense some food and drinks.

**Art. 38** - For safety, it is forbidden for participants to use headphones as an accessory device for listening to music or using the phone during the event.

**Art. 39** - During the event, the participant is obliged to carry a mobile phone with the number provided on the registration form, an identity card and money if he wants to benefit from the availability of replacement parts in mechanical assistance during the event. In case of bad weather conditions, the organization may compel participants to use or transport some equipment, such as thermal blankets or windstop and waterproof clothes.

**Art. 40** - The organization has the right to make changes on the course and other dynamic of the event when justified for any reason, without having to compensate participants.

### **ECO-RESPONSIBILITY**

**Art. 41** - Participants are required to have a responsible behavior with regard to cleaning and preserving the environment in all areas used along the route and the area of departure and arrival. Because the event takes place integrally in protected natural areas obliges everyone to take a extra careful with their conduct. It is forbidden to throw waste onto the ground, before during and after the event. At the finish and start area and at the refueling areas garbage containers will be provided by the organization to deposit waste carried by athletes. Ignoring this rule will result in immediate disqualification.

### **PENALTIES**

**Art. 42** - The sanctions will be applied in these situations:

**42.1** - Do not respect the traffic rules, taking into account the fact that the roads are open to traffic.

**42.2** - Failure to comply with the orders and directions given by the security forces and the elements of the organization.

**42.3** - Do not pass by the start and finish control or by the other control points along the existing route.

**42.4** - Fouling or degrading the route and other areas used in the event.

**42.5** - Be assisted by support vehicle itself circulating in the midst of the event and hindering the progress of other cyclists.

**42.6** - Adopt an anti-sports attitude, bailing irregular means to gain advantage in their late timing.

**42.7** - Adopt behaviors that prevent the normal running of the event and going against this regulation.

**42.8** - In the case of withdrawal, does not communicate to the organization.

**42.9** - In case of by words or acts, do not respect other participants or members involved in the organization.



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**Art. 43** - The offenses can be detected and reported by members of the organization or by security forces, coming from a Juri Committee consisting of five members of the organization the final decision on sanctions for athletes concerned.

**Art. 44** - Sanctions that can be applied:

- Exclusion of the event, without any sort of classification or participation proof.
- Inclusion of the athlete's name in the list of sanctioned athletes, to be published after the event.
- Exclusion in later editions of the event.
- Sanctions imposed by the police if the offenses are detected by the authorities and they consider to be deserving of sanction.

### IMAGE RIGHTS

**Art. 45** – Upon registration of the event and the consequent acceptance of these rules necessarily imply the authorization of the participant for that organization to do the recording of all or part of their participation and can freely use these images for publicity and promotion of the event in all media (television, radio, press, internet, posters, cards, flyers, pictures and videos), without the right to receive any financial compensation from the organization.

### PRIVACY POLITICS

**Art. 46** - The organization of Serra da Estrela Granfondo fully respects the law of data protection. Athletes accept and authorize introduction and processing of personal data in the files of Clube Desportivo e Recreativo Chronos, Desafiacontece, Ltd (STOP AND GO) and LAGO QUEIROZ UNIPessoal Ltd (Ultra Spirit sports) responsible for the management of registrations and the organization of the event, for use in the development, management and other administrative and commercial activities. The privacy policy allows, however, that any athlete can request the modification or removal of their data through a request by email to [info@granfondopremium.com](mailto:info@granfondopremium.com).

### OTHERS

**Art. 47** - The organization is not responsible for any loss or damage which may affect bicycles or other equipment of the participants. The participant relieves the organization of the responsibility for any loss or damage of personal items, under any circumstances.

**Art. 48** - Major reasons may require the organization to suspend or postpone the event. This situation may not be required responsibilities to the organization and it has not the obligation to compensate economically or otherwise any athlete or any person or entity for this.

**Art. 49.**- In carrying out and validating the registration on Aldeias do Xisto Granfondo participants agree to the unconditional acceptance of this regulation and waive any legal proceedings against the organization derived from their participation in the event.

**Art.50** - One jury, composed by five persons of the organization will decide on all matters relating to the evidences which were not subject to regulation or on interpretations of this Regulation. This jury may also decide on the penalties and their applications.



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**Art.51** - If a registered athlete does not participate in the event, and doesn't pick up the material at the registration office, will not be made any shipment of this material.